



St. Anthony Daniel
Believe • Discover • Achieve

! ATTENTION !

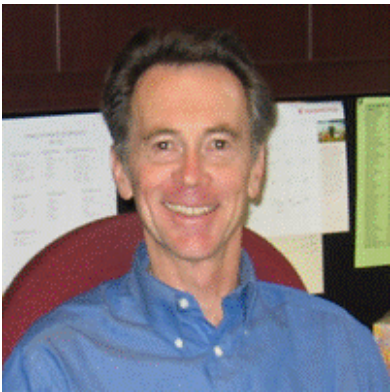


Need to whip your parenting skills into shape?

Then march on over to the St. Anthony Daniel Catholic School Advisory Council's

★ ★ ★ ★ ★ PARENTING SKILLS BOOT CAMP ★ ★ ★ ★ ★

Spotting the Signs of Anxiety in our Children



Dr. Ian Brown
Chief Psychologist
Durham Catholic DSB

Am I A Normal Parent?



Sara Dimerman
Therapist, Parent
Educator and Author

What all Parents should know about the Internet



Stacy How
Child & Youth Counsellor
Durham Catholic DSB

Get expert advice, parenting tips and the reassurance you've been looking for.

Thursday May 6th, 2010

7:00 pm – 9:00 pm

St. Anthony Daniel Catholic School

Coffee and refreshments provided please bring your own refillable coffee mug.

Reserve your spot for this free workshop before April 30th!

Please note that this evening is for parents ONLY due to the subject matter.

Limited number of child care spaces for children ages 3 -12 available by first-come, first-served request



YES! I/We will be attending the St. Anthony Daniel CSAC "Parenting Skills Boot Camp".

Number attending: _____

I/We will require child care for _____ children - ages _____.

Name of Parent/Guardian: _____

Contact (phone # or email): _____*

No, I/We will not be attending.

***We will call or email to confirm child care request.**