



**HOW TO UNLOCK THE BEST IN OUR CHILDREN AND OURSELVES:  
WORKING AS A FAMILY TEAM**

**JOIN SARA DIMERMAN, C.PSYCH.ASSOC.**

Parenting expert, Therapist, Author and Creator of [www.helpmesara.com](http://www.helpmesara.com)

**For an interactive, informative workshop**

**WHEN:** Monday, November 19, 2012, 7-8:30pm

**WHERE:** Allenby Public School, Library

Would you like to see your children:

- Taking greater initiative at home and school
- Taking more responsibility for their actions
- Valuing togetherness as a family
- Less influenced by negative peer pressure
- Able to stand up for what they believe in ..... and more!

**SPECIAL DRAW:** A complimentary copy of 'Character is The Key' book

Additional copies will be available at a discounted rate

Pre workshop handouts will get you started before the workshop date!