



## How I Learn

### *A Kid's Guide to Learning Disability*

by Brenda S. Miles and Colleen A. Patterson

Illustrated by Jane Heinrichs

When a child struggles in school, it is difficult to find the words to help. Once a child is diagnosed with a learning disability, another journey begins. How do you explain learning problems to a child? What strategies may support academic success? *How I Learn* provides a simple explanation of why some children struggle. It introduces learning disability in concrete terms for younger students, emphasizing that they are capable of learning, but they do so in a different way. Includes a "Note to Parents." **Ages 4-8. 32 pages.**

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## About the Authors

**Brenda S. Miles, PhD**, is a clinical pediatric neuropsychologist who has worked in hospital, rehabilitation and school settings. She is particularly interested in evidence-based interventions and brain plasticity in the remediation of learning challenges. Her first book for children, *Imagine a Rainbow: A Child's Guide for Soothing Pain*, was published by Magination Press in 2006.

**Colleen A. Patterson, MA**, is a psychologist who has worked in the field of school and clinical psychology for the past 20 years. She is an advocate for students with learning challenges within the educational system. *How I Learn: A Kid's Guide to Learning Disability* is her first book.

## About the Illustrator

**Jane Heinrichs** studied illustration at Camberwell College of Arts in London, England. She loves drawing, reading, and huge chocolate sundaes. Her first book, *Magic at the Museum*, was short-listed for "Best-Illustrated Book" at the Manitoba Book Awards.